



VSL Men's 5V5 Basketball Rules - Fall 2026

Captains: Please read these rules in full and bring a signed copy to your first game agreeing to all rules stated.

Event information

- 5 players
- Games will be played at the Village Fit basketball facility

Governing Body

NCAA Basketball will govern play except as noted:

- Games will consist of two 18-minute running halves with a 2-minute halftime.
- The clock will stop only during the final 2 minutes of the game, following NCAA rules.
- Two 1-minute timeouts per team will be allowed per game.
- Every shot inside the arc shall be awarded one 2 points.
- Every shot behind the arc shall be awarded 3 points.
- A technical foul called on any player or coach will result in 2 free-throws
- 2 technical fouls will result in ejection and suspension for the team's next two games.
- A shot clock will not be used
- Game will be played until one team is winning by 40 points in the 2nd or by 20 points with 2 minutes remaining

Forfeit

Game time is forfeit time. Official time will be the Event Coordinator's time keeping device.

If a team does not have the adequate amount of players (3 minimum) at the start of game time, they will have to forfeit. A grace period of 10 minutes will be honored; however, time will not be given back. Following the 10-minute mark, the opposing team will be granted the winners with a score of 40-0.

Playoffs: 4 teams will make the playoffs and the championships are played in the same day in a single elimination tournament. Seed 1 and 4 will play the first round, then Seed 2 and 3 will play the second round, then the winners of each round will play in the championship.

The Ranking System: We are now implementing a ranking system for A's, B's, C's, D's. For your team to be able to qualify for the playoffs, we will average your scores, and you must average a B or higher to be able to qualify in addition to your regular season standings.

1) Ratings are given to teams after each contest by intramural officials/supervisors. These ratings reflect behavior before, during, and after the contest.

Ratings will be:

A = 4 points. Above average conduct and sportsmanship. Players cooperate with officials and team members. The captain calmly converses with officials and has full control of the team.

B = 3 points. Average conduct and sportsmanship. Team members complain about officials and show minor dissension, which may or may not merit a warning. Teams that receive one warning may receive no higher than a "B."

C = 2 points. Below average conduct and sportsmanship. Team members complain about officials and/or the opposing team, which may or may not merit a warning. The captain exhibits minor control over the team. Teams receiving multiple warnings or one ejection may receive no higher than a "C."

D = 1 point. Poor conduct and sportsmanship. Team members continuously dispute the officials' calls or abusively speak to the officials or opposing team. The captain has little control over self or the team. Teams receiving three or more warnings, or two ejections may receive no higher than a "D."

F = 0 Points. Unacceptable conduct and sportsmanship. Team members are completely uncooperative. The captain has no control over self or the team. 2) In order for a team to qualify for post-season playoffs, they must have a 3.0 average in sportsmanship during regular season round robin play. 3) Any team receiving an "F" rating during the regular season will be declared ineligible for post-season tournament play. The rating information serves as a guide for team captains and participants. The staff reserves the right to modify ratings based upon individual incidents and/or situations.

Special Contest Situations: 1) A team winning by no-show will receive an "A" rating. A team losing by no-show will receive a "C" rating. If a team loses by no-show but gives at least 4 hour's notice prior to game time via email to the VSL Coordinator or phone call to the VSL Coordinator they will receive a "B" rating.

Forfeit: If you forfeit a game with **no notice**, you will receive a D for your team and that will be accounted for when the final rankings come out for the playoffs.

All policies are subject to change per the VSL administrators' discretion

More Questions? Email: **Gameon@thevillagedallas.com**

Printed Name and Team Name

Signature

Date

